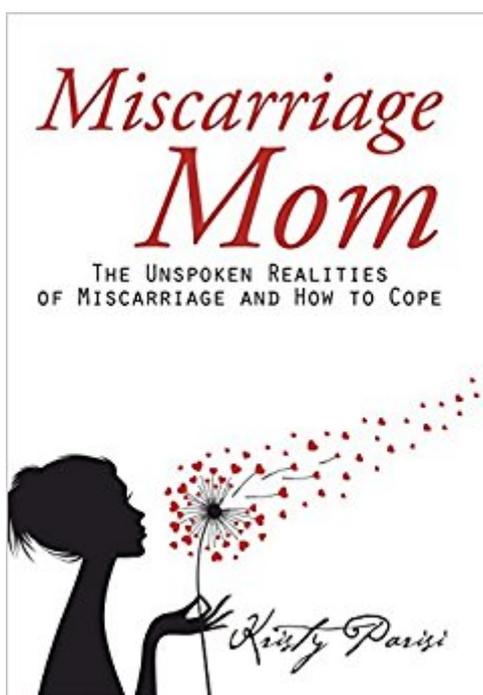


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# Miscarriage Mom: The Unspoken Realities Of Miscarriage And How To Cope



## Synopsis

Miscarriage Mom is a must read for anyone who has lost a child through miscarriage. Having experienced six miscarriages, author Kristy Parisi understands the pain and grief of losing an unborn child. Packed with compelling personal stories and actionable advice, Miscarriage Mom offers heartfelt insight into the unforeseen realities surrounding miscarriage and suggests ways to cope. Miscarriage Mom openly addresses the emotions, reactions, and experiences to be expected after a miscarriage. Honoring your unborn baby, returning to work, and dealing with others' reactions are just a few of the many topics addressed. With a genuine desire to help, Kristy wrote Miscarriage Mom for any woman who has suffered the pain and devastation of miscarriage. Including a special man-to-man talk written by Kristy's husband, Vincent, Miscarriage Mom gives readers a clear look into what to expect now that you're not expecting.

## Book Information

Hardcover: 108 pages

Publisher: AuthorHouse (December 30, 2015)

Language: English

ISBN-10: 1504971256

ISBN-13: 978-1504971256

Product Dimensions: 6 x 0.4 x 9 inches

Shipping Weight: 11.2 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars [See all reviews](#) (10 customer reviews)

Best Sellers Rank: #2,028,883 in Books (See Top 100 in Books) #648 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Infertility](#) #3275 in [Books > Self-Help > Death & Grief > Grief & Bereavement](#) #20141 in [Books > Parenting & Relationships > Parenting](#)

## Customer Reviews

Such a helpful book. I have passed it on and it's been regifted several times. It has areas to jot down notes, I did those in a notepad. I loved that I could read it in an afternoon, (I am by no means a fast reader) helped me through the process, and was quite practical. Perfect to gift to anyone that has lost a baby.

As a friend of many amazing miscarriage mom's I wish I had this information sooner. Never again will they grieve alone. This book not only provides advice for those that have just lost their Angel baby, but also advice for the family and friends of those who will help them through their loss. Thank

you for writing this insightful book. I will never forget to be present and there during my friends time of need.

Miscarriage Mom is a very heartwarming book written by a true miscarriage warrior. The author has suffered from not just one or two losses (which may seem average for many couples in this situation), but an unspeakable six miscarriages. The bravery set forth by the author and her husband is remarkable. The book is an attempt to help others, and their loved ones who have experienced a loss due to miscarriage, cope with this insurmountable loss. The author and her husband both speak from a candid personal point of view sharing their sad journey of pregnancy losses and helpful suggestions on how to cope and how to move on with your life in a positive way. Many times when couples are suffering, they suffer in silence. According to the author, this may not be the best way to deal with it. The author shows compassion to others in her own way, as she has unfortunately become an expert on the subject. I highly recommend this book to readers and their loved ones who are trying to cope with this loss, whether it be a recent loss or a loss from the past.

wished I had read this book before my daughter had her miscarriages. if she was too have another one i know my actions will be different

As someone who had suffered a miscarriage this book was a must read!!! This author had 6 miscarriages and it prepares you for what exactly you can you expect to go through.

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